

Covid-19 and Long Covid Syndrome : Possibly Effective Natural Remedies

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ABSTRACT

Worldwide millions of people suffer from virus infections, the consequences of vaccinations and and/or long covid syndrome. So far, there is no truly and regularly effective cures for those problems. However, in nature there are existing several possibilities. Examples are: Dandelion against the binding of spike proteins at ACE-2 receptors. The water-based dandelion extract, which was obtained from the dried leaves of the plant, was effective against the spike protein D614 and a variety of mutant strains, including D614G, N501Y, K417N and E484K [1]. Pine needle against viruses [2]. Frankincense against autoaggressions, Ginkgo biloba for blood thinning [3,4]. We have produced concoctions from several of these. According to our experiences, the effects proved to be excellent and without side effects. Further investigations seem to be necessary.

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Introduction

In naturopathy and empirical medicine, there are some substances that are able to reduce the viral load. These include the following: Cystus incanus and Cape geranium (Pelargonium sidoides), Another increasing problem is the existence of spike proteins that occupy ACE-2 receptors in the organism, especially in the inner walls of blood vessels, the heart muscle and the brain (5-7). A third problem is the existence of autoantibodies against mRNA, but also against endogenous RNA and DNA [8]. This occurs not only in vaccinated people, but also in unvaccinated people via vaccine shedding [9]. Among other things, this leads to autoaggressive mitochondriopathy [10]. In many cases the blood becomes thickened with a tendency to thrombosis [11]. These problems should be treated without causing side effects.

Herbal Remedy [12].

We have developed a herbal mixture against (A) : Viruses and (B) : spike proteins.

It contains:

- Dandelion leaves
- Citrus peels
- Licorice roots
- Pine needles
- Pomegranate peels
- Red kichen onions extract.

These ingredients achieve a therapy of several of the pathologies mentioned. In the case of Long Covid syndrome, the focus is on the autoaggressive processes. We have developed the so-called "Jesus remedy" for this, which contains extracts of [13]:

- Frankincense
- Myrrh
- Colloidal gold.

These are the remedies that Jeshua ben Joseph received from the Magi (actually shamans) at his birth. We assume that the gifts were not so much intended for him, as he was - as far as is known - never ill, but for our time, because just as his life can be seen as a model for us today, so too was his birth.

Experiences

We have had the best experiences with both mixtures. Since an important problem in this context is the pathology of the heart muscle ("Died Suddenly and Unexpectedly"), we have found g-Strophanthin to be the most effective drug [14-18]. It is identical to the body's own Ouabain, to be administered as 3mg enteric-coated capsules. This avoids the problem of destruction by gastric juice. As far as the brain is concerned, Huperzine A (Lycopodium) has proved to be the most effective [19,20]. To thin the blood of Long Covid cases, the extract from the leaves of the Ginkgo biloba tree proved to be successful (240 mg/day) [21]. Other substances to be used are: Quercetin (an antioxidant) and Nattokinase (antithrombotic agent) [22,23].

Conclusion

We are not helplessly at the mercy of the problems caused by the new diseases and conditions mentioned. Viruses like Covid-19, thrombosis, auto-aggression, and long Covid syndromes are treatable. There are a number of natural substances that can have a healing effect.

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