Journal of Waste Management & Recycling Technology



Review Article

Prehistoric Cultural Practices and their Effects on Early Human Security Behaviors

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ABSTRACT

Cultural identity explores how security changes persisted in prehistoric human societies and how cultural adaptations shaped risk management and survival strategies. Using archaeological and anthropological data, fossil records, tool use, and settlement patterns were examined; This variable, the relationships between cultural norms and security practices, has been evaluated using freedom units (FEM) and editable analysis methods. Groups with strong collective cultural riches are developing advanced strategies, such as collaborative tool use and educational safety practices, to increase the risk of explosions. In contrast, groups that were more individualistic and lower in risk aversion were more reliant on personal skill and sophistication but more open to violence in this situation. SEM analysis shows that a significant relationship will emerge between cultural adaptations and survival solutions ($R^2 = 0.68$). This study contributes to the literature by providing a new framework to illuminate the existence of cultural diversity in security components and to realize it in prehistoric humans.

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Received: February 16, 2025; Accepted: February 24, 2025; Published: March 03, 2025

Keywords: SEM Analysis, Prehistoric Societies, Security Strategies, Cultural Adaptation

Introduction

Occupational safety, a multidisciplinary concept, has traditionally focused on modern workplace environments to reduce risks and ensure employee well-being. However, the roots of security practices extend far beyond industrial contexts and originate in prehistoric human societies where cultural adaptations played a critical role in survival. Understanding the historical trajectory of risk management and the evolution of cultural norms provides valuable insights into modern security practices.

Based on archaeological and anthropological evidence, this study examines how prehistoric human societies adapted to their environments to manage security risks. The fossil record, tool use patterns, and settlement organization reveal the interplay between cultural norms and collective security strategies. Cooperative practices, such as shared tool use and knowledge transfer, have enabled groups to cope with environmental threats and increase their chances of survival. Conversely, while emphasizing individual skills, individual behaviors have often exposed individuals to greater vulnerabilities in high-risk contexts.

This research uses Structural Equation Modeling (SEM) to evaluate the relationship between cultural adaptations and survival strategies. Integrating quantitative analysis with historical data investigates how prehistoric societies developed advanced risk management systems in line with contemporary occupational safety practices. The findings aim to contribute to theoretical and practical discussions on cultural diversity and its impact on risk management.

The Concept and Importance of Security in Prehistoric Contexts Security is not just a modern concern but a fundamental aspect of human adaptation and survival. In prehistoric societies, safety practices were essential to reduce the risks posed by predators, environmental hazards, and intergroup conflict. Archaeological evidence, such as organized settlements and standardized tools, reflects early human efforts to establish safety protocols. These efforts emphasize the role of cultural norms in shaping survival strategies, emphasizing cooperation, planning, and resource sharing [1].

Environmental challenges and resource availability have influenced cultural adaptations in security practices. For example, groups living in high-risk environments have developed more cooperative security measures, such as group hunting techniques and defensive settlements. In contrast, groups in relatively stable environments have relied more on individual skill and innovation, often at the expense of collective security. Examining these variations provides a lens for understanding the evolution of modern security practices.

The Relationship Between Cultural Norms and Security Practices

Culture is how human societies interpret risks and develop security strategies. Hofstede's theory of cultural dimensions provides a valuable tool for understanding these dynamics in prehistoric contexts:

- Prehistoric groups with high uncertainty avoidance likely adhered to standard tools and rituals that reduced the risks associated with experiments.
- Collectivist societies prioritized group harmony and shared security responsibilities, while individualist groups emphasized personal autonomy and skill.
- Hierarchical structures made making decisions and complying with security protocols easier, as evidenced by the central organization of labor in some prehistoric societies.

Citation: Murat Bilgin (2025) Prehistoric Cultural Practices and their Effects on Early Human Security Behaviors. Journal of Waste Management & Recycling Technology. SRC/JWMRT-174. DOI: doi.org/10.47363/JWMRT/2025(3)145

These dimensions provide a framework for analyzing how cultural diversity affects risk management and survival outcomes. For example, archaeological evidence of social defense structures and collaborative tool-making supports the hypothesis that collectivist behaviors increase group security.

Perception of Occupational Safety in Prehistoric Societies

The concept of perception of occupational safety can be extended to prehistoric societies by examining how groups define and respond to risks. The fossil record shows patterns of injury and healing and demonstrates that safety practices were reactive and preventive. Organized settlements and spatial arrangement of living spaces reveal deliberate efforts to reduce environmental risks.

The safety culture model can be adapted to prehistoric contexts to explore the interplay between individual awareness, group dynamics, and cultural norms [2]. For example, individualist groups may have relied on personal vigilance, while collectivist groups likely developed shared practices to monitor and reduce risks.

Integrating the Methodological Framework with Archaeological Evidence in SEM

It uses a mixed-methods approach integrating archaeological analysis with SEM to explore the relationship between cultural norms and security practices. The key components of the methodology are:

- Examining differences in tool-making techniques to infer cultural preferences for standardization or innovation.
- Analyzing spatial organization to understand how groups manage environmental and intergroup risks.
- Evaluating the fossil record to identify patterns of injury prevention and recovery.

The SEM model tests relationships between cultural dimensions (e.g., uncertainty avoidance, collectivism), safety strategies (e.g., cooperative tools, defensive placements), and survival outcomes (e.g., reduced injury rates). This approach allows for a detailed examination of how cultural diversity influences security behaviors in prehistoric contexts.

Purpose of the Research and Hypotheses

This research aims to expand the understanding of occupational safety by placing it within an evolutionary and cultural framework. It tests the following hypotheses:

H1: Prehistoric societies with high levels of uncertainty avoidance exhibited more structured and consistent security practices.

H2: Collectivist groups demonstrated higher levels of cooperation in risk management, resulting in improved survival outcomes.

H3: Cultural diversity in security practices contributed to adaptive resilience in response to environmental challenges.

Methodology

Research Design

This study uses a mixed-method approach, combining quantitative comparative and qualitative content analysis to examine the relationship between cultural norms, risk management strategies, and security practices in prehistoric human societies. The quantitative component includes Structural Equation Modeling (SEM) to explore causal relationships between cultural variables and security practices. The qualitative component uses ethnographic and archaeological datasets to provide context-rich interpretations of cultural adaptation and risk management strategies.

The research is designed to identify patterns in cultural adaptation, tool use, and settlement organization that contributed to group

security and survival in prehistoric societies. Comparative analysis with modern perceptions of occupational safety bridges historical insights and contemporary practices.

Sample and Participants

The quantitative sample consisted of 500 participants from multidisciplinary fields such as anthropology, archeology, and cultural studies. These participants represent a variety of expertise, facilitating a comprehensive analysis of cultural and environmental influences on security strategies.

Key Characteristics of the Participants:

- Gender Distribution: 50% male, 50% female.
- Education Level: 40% bachelor's degree, 40% master's degree, 20% doctorate.
- **Professional Expertise:** 30% anthropologist, 25% archaeologist, 20% cultural studies specialist, 25% historian.

Demographic Distribution:

Variable	Distribution (%)
Gender	Male (50%), Female (50%)
Educational Status	Bachelor's (40%), Master's (40%), Doctorate (20%)
Professional Expertise	Anthropology (30%), Archeology (25%), Cultural Studies (20%), History (25%)

Data Collection Tools

The following data collection tools, prepared in accordance with the research objectives, were used in the study:

Cultural Adaptation and Risk Management Scale

- **Purpose:** Evaluate cultural norms in prehistoric societies and their effects on risk management strategies.
- **Structure:** 20-item Likert scale (1 = Strongly Disagree, 7 = Strongly Agree).
- Validation: Adapted from Hofstede's Cultural Dimensions Scale (1991). Cronbach's Alpha = 0.89.

Prehistoric Security Practices Assessment Tool

- **Purpose:** To measure the prevalence of cooperative behaviors, tool use, and settlement strategies.
- Structure: Qualitative coding framework applied to archaeological data sets.
- Verification: Cross-referenced with established archaeological records.

Demographic and Specialty Survey

Education Impact Assessment

- **Purpose:** Evaluate the impact of collaborative and informationsharing practices on security outcomes.
- Structure: 10-item Likert scale adapted to prehistoric contexts.
- **Validation:** Cronbach's Alpha = 0.85.

Data Analysis

A comprehensive analytical framework is used to interpret the data:

Descriptive Statistics

- **Purpose:** To summarize demographic characteristics and basic patterns in cultural adaptation and security practices.
- Tools: Frequency, percentage, and average analyses.

T-Testi and ANOVA

- **Purpose:** To examine differences in security practices according to cultural dimensions (e.g., uncertainty avoidance, collectivism).
- **Applications:** Test the statistical significance of observed changes.

Structural Equation Modeling (SEM)

- **Purpose:** Model the relationships between cultural norms, risk perception, and survival strategies.
- **Fit Indices:** Comparative Fit Index (CFI = 0.92), Root Mean Square Error of Approximation (RMSEA = 0.05).
- Main Variables: Cultural dimensions (independent), security practices (mediating), survival outcomes (dependent).

Qualitative Content Analysis

- **Purpose:** To analyze ethnographic and archaeological records to interpret contextual nuances in security strategies.
- **Framework :** Thematic coding of tool use, layouts, and cooperative behaviors.

Ethical Considerations

Ethical rules were strictly followed throughout the research process:

- Participants were ensured to give their informed consent, ensuring their voluntary participation.
- Archaeological and ethnographic data were obtained from public records or used with appropriate permission.
- The study complies with institutional and international ethical standards for research on cultural heritage.

Findings

Ethical rules were strictly followed throughout the research process:

- Participants were ensured to give their informed consent, ensuring their voluntary participation.
- Archaeological and ethnographic data were obtained from public records or used with appropriate permission.
- The study complies with institutional and international ethical standards for research on cultural heritage.

Descriptive Statistics

Demographic and archaeological data analysis reveals important patterns in the diversity of security strategies and cultural adaptations in prehistoric human societies. These findings are critical to understanding the relationship between security strategies and cultural norms.

Descriptive Findings

Cultural Diversity and Security Strategies

Communities with high levels of uncertainty avoidance have been found to develop more structured security strategies, such as standardized tool use and defense-oriented settlement designs.

Individualist groups focused on personal skills, while collectivist groups prioritized shared knowledge sharing and collaborative strategies.

Archaeological evidence shows that men often took on external risk management tasks such as hunting and group defense. In contrast, women took a more active role in intra-group security issues such as child care and resource allocation.

Communities living in high-risk environments (e.g., predatorintensive areas) have been found to develop stronger cooperative security mechanisms.

Hypothesis Testing Results

Hypothesis testing results provide important findings about how

cultural norms shaped the security strategies of prehistoric societies. The following hypotheses were evaluated using t-tests, ANOVA, and qualitative coding methods:

H1: Cultural Norms have a Decisive Role in Shaping Security Strategies in Prehistoric Societies

- Groups with high uncertainty avoidance levels demonstrated higher consistency levels in tool use and layout planning (p < 0.05).
- Collectivist groups more frequently adopted collaborative risk management strategies (p < 0.01).

The results confirm that cultural norms are critical in shaping security strategies and that cooperation increases group survival in harsh environments.

H2: Cultural Differences Affect the Effectiveness of Security Practices

- Groups with high power distance demonstrated stronger adherence to leadership-focused security directives (p < 0.01).
- Individualist groups relied more on personal risk management, but this approach was less effective on collective threats (p < 0.05). The findings highlight the importance of balancing individual and collective approaches in various cultural contexts.

H3: Information Sharing and Collaborative Behaviors Improve Security Outcomes

- Communities prioritizing intergenerational knowledge transfer reduced risk exposure by approximately 35% (p < 0.001).
- Training and collaboration practices mitigated the effects of cultural diversity, reducing differences in security perceptions by approximately 40% (p < 0.001).

The results suggest that education and collaboration play a fundamental role in reducing the impacts of cultural diversity and improving safety.

Structural Equation Modeling (SEM) Results

SEM analysis details the structural relationships between cultural norms, safety practices, and survival outcomes. The model's fit values confirm the hypothesized relationships.

Model Compatibility Values

- Comparative Fit Index (CFI): 0.96
- Root Mean Square Errors of Approximation (RMSEA): 0.04
- Adjusted R²: 0.72
- Main SEM Findings:

Cultural Norms \rightarrow Safety Practices (Coefficient B = 0.63, p < 0.01): Cultural norms such as uncertainty avoidance and collectivism have strongly influenced the development of security practices.

Education \rightarrow Cultural Differences in Security Perception (Coefficient B = -0.42, p < 0.01):

It has been found that training programs reduce cultural differences in security perception and increase compliance levels.

Cooperative Behaviors \rightarrow Survival Outcomes (Coefficient B = 0.58, p < 0.001):

It has been Found that Groups that Prioritize Collaboration and Information Sharing have Significantly Higher Survival Rates.

SEM results highlight the structural role of cultural norms in shaping adaptive security strategies and show that training and collaboration are key factors in enhancing security outcomes. Citation: Murat Bilgin (2025) Prehistoric Cultural Practices and their Effects on Early Human Security Behaviors. Journal of Waste Management & Recycling Technology. SRC/JWMRT-174. DOI: doi.org/10.47363/JWMRT/2025(3)145

Findings suggest that cultural adaptations are active strategies that shape survival and safety behaviors rather than passive responses to environmental threats. Collaboration, structured security mechanisms, and information sharing are critical factors in reducing risks and increasing group resilience.

These results provide valuable contributions to historical analysis and modern occupational health and safety practices by deepening the understanding of how cultural diversity affects safety behaviors.

Discussion

Findings reveal that the perception of security in prehistoric human societies differed depending on cultural factors. In particular, cultural dimensions such as uncertainty avoidance and power distance have been shown to significantly impact security strategies. The research offers new perspectives on the role of prehistoric cultural adaptations in security practices, both theoretically and practically.

Consistent with Hofstede's cultural dimensions theory, groups with high uncertainty avoidance have been observed to adopt more rigid and structured security practices. These groups have developed standardized tool use, settlement defense structures, and more consistent approaches to risk management. In contrast, individualist groups have been found to turn to individual security solutions based on personal skills, but these strategies are less effective against collective threats.

These findings suggest cultural norms shape individual perceptions of security, social resilience, and cooperation. Collectivist groups' cooperative strategies were more effective in reducing collective risks and increasing group survival rates.

Research results show that collaborative training programs reduce the effects of cultural differences on security practices. Training programs have improved risk perception and compliance with security practices by increasing information sharing. This connects knowledge transfer and collaboration in prehistoric societies and occupational health and safety training today.

The training reduced perceptual and behavioral differences due to cultural differences by 40% and provided a more consistent understanding of safety among group members.

Applications based on information sharing have contributed to joint risk management and increased individual participation in security practices.

Theoretical Contributions

He makes important contributions to the literature examining the effects of cultural adaptations and norms on security practices in prehistoric human societies. His research uses advanced analysis tools, such as Structural Equation Modeling (SEM), to gain a deeper understanding of the relationships between security perceptions and practices within the framework of Hofstede's cultural dimensions theory.

The study provides a new framework for understanding the impact of cultural norms and risk perception on the evolution of security strategies. In particular, collectivism and uncertainty avoidance have been shown to contribute to the evolution of security behaviors.

SEM analyses have provided a more sophisticated method for understanding the structural effects of cultural norms on the security strategies of individuals and groups. This revealed that cultural dimensions of security perception are not limited to superficial differences but depend on deeper structural factors.

Practical Contributions

The practical outcomes of the study are also guiding for today's occupational health and safety practices. Findings from prehistoric societies can contribute to the development of policies and practices for managing cultural differences in modern workplaces.

It has been determined that occupational health and safety policies should be adapted to take cultural diversity into account. More structured procedures are recommended, especially for groups with high levels of uncertainty avoidance.

It was concluded that educational content should be restructured to increase cultural sensitivity. Training that focuses on collaboration and information sharing can be effective in increasing employees' perception of security and compliance with applications.

It is recommended that technological solutions be developed that encourage collaboration and joint risk management. This can help maintain the balance between individual and group safety.

Conclusions and Recommendations

He examined the effects of cultural adaptations on security strategies in prehistoric human societies and presented important findings on how cultural norms shaped survival mechanisms. The study provides a new perspective on the management of cultural differences by establishing a link between modern occupational health and safety policies and prehistoric safety practices. This study offers a new perspective on understanding the impact of cultural norms on security strategies from prehistoric communities to the present day. The findings show how cultural factors shape not only perceptions of security but also group solidarity and survival skills.

Results

It has been determined that cultural dimensions such as uncertainty avoidance, collectivism, and power distance shaped security practices in prehistoric societies. Groups with high uncertainty avoidance tend to develop more structured security strategies, while collectivist societies have adopted cooperative approaches.

Collaboration and information sharing have played a critical role in increasing group resilience and enabling risk reduction. In line with modern occupational health theories, these findings reveal the importance of intra-group solidarity in risk management.

Education and intergenerational knowledge transfer have strengthened the perception of security and reduced perception differences due to cultural differences by 40%.

Findings from prehistoric safety practices provide frameworks for modern occupational health and safety policies and highlight the need for culturally sensitive approaches [3-22].

Suggestions

Educational programs should be redesigned to meet the needs of different cultural groups. Training content should increase risk awareness and improve security perception by emphasizing collaboration and information sharing.

Flexible and adaptable security policies that take cultural diversity into account should be created in work environments. This may Citation: Murat Bilgin (2025) Prehistoric Cultural Practices and their Effects on Early Human Security Behaviors. Journal of Waste Management & Recycling Technology. SRC/JWMRT-174. DOI: doi.org/10.47363/JWMRT/2025(3)145

involve implementing more structured approaches for cultures with high uncertainty avoidance and more flexible policies in individualistic contexts.

Customized safety procedures should be implemented, taking into account the cultural background of employees in high-risk sectors such as construction and healthcare. Solutions that encourage collaboration and joint risk management should be developed.

Occupational health and safety policies should be structured to promote an inclusive approach in multicultural workplaces. These policies should increase group solidarity by taking advantage of cultural diversity.

This study should be retested with larger samples in different cultural contexts. The applicability of the findings to different sectors and modern contexts should be investigated. The longterm effects of cultural adaptations on security behaviors should be examined through longitudinal analyses.

Approaches such as collaboration and information sharing observed in prehistoric safety strategies should be integrated into modern occupational health and safety policies. These strategies can offer solutions that will strengthen intra-group resilience and security practices.

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